

Newsletter

QUARTER 4 : 2018

Welcome to our final newsletter of 2018.

CONTINUING EDUCATION

Continuing education for all our staff is an important part of our clinic. It ensures we are up to date across all facets of the dental industry for the benefit of both our patients and our team.

In September we had a staff training day.

Amanda Browne from ICED hosted our biennial infection control update. Although not compulsory Rosebud Dental Group receives great value from an in-house review to ensure we remain compliant in infection control for our patients as well as ourselves as health care workers.



www.ic-edu.com.au

We also had Anikó Ball from Optimum Dental Posture attend the clinic; as a dental team we sometimes need to get ourselves into odd positions to be able to see inside a patient's mouth. Worldwide research shows that 87% of dentists and up to 96% of dental hygienists suffer chronic pain. Anikó talked to us about ways in which we can help reduce and prevent injuries to ourselves through the Alexander technique.

The Alexander technique is a process of re-education and not a quick fix solution and looks at bio-mechanical design and how our body moves.



<https://optimumdentalposture.com>

GREEN WALL

In line with our policy to be environmentally responsible Rosebud Dental Group is trying to reduce our paper usage as much as possible. We have recently updated our software to enable us to email receipts. If you have registered an email address with us our reception team will now offer the choice of an email receipt or a printed one.

We are also emailing our medical history update forms and using SMS and email for all reminder notifications.

You may still opt out of electronic forms of communication, however we hope you take the opportunity to help us reduce paper waste.

In our waiting room we also now have a Green Wall. This gives our patients an insight into what we are doing to help the environment, but also invites you to let us know what you think we could be doing better.



We have recently signed up for Terra Cycle's Colgate Oral Care Recycling Program meaning patients are able to drop off their empty toothpaste tubes, toothbrushes, floss containers and any associated packaging into the box in our waiting area to be sent off for recycling.

Once Terra Cycle receive our collected waste, the tubes and brushes etc. are separated by composition, shredded and melted into hard plastic that can be remoulded to make new recycled products.



<https://www.terracycle.com.au>

MATERNITY LEAVE

We are very excited to announce Dr Ella Jin is expecting her first child in January next year. She will be taking maternity leave from the end of December through to the start of May. Ella's orthodontic patients are encouraged to speak to her about the interim arrangements for their treatment if it has not been discussed already.



**MERRY CHRISTMAS
AND
HAPPY NEW YEAR.**

It's hard to believe that another year is drawing to a close and the festive season will be upon us soon. We'd like to take this opportunity to thank-you for all your support during 2018. It's been a fantastic year at Rosebud Dental Group and we look forward to seeing you all again in 2019.