

# Rosebud Dental Group

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## Newsletter



QUARTER 2 : 2014

Welcome to our second newsletter for 2014.

### CHILD DENTAL BENEFITS

The Childs Dental Benefits Schedule (CDBS) is the governments new scheme which replaces the Medicare Teen Dental Scheme.

This new scheme will benefit eligible children between the ages of 2 and 17. To be eligible for CDBS, families need to pass a means test and receive Family Tax Benefit A or a payment such as youth allowance. Medicare will provide up to \$1000 for every eligible child over a 2 year period for dental care, with eligibility checked by Medicare at the start of the second year. Those families who are eligible should be contacted by the Australian Government in early 2014.



For more information go to [www.humanservices.gov.au/customer/services/medicare/child-dental-benefits-schedule](http://www.humanservices.gov.au/customer/services/medicare/child-dental-benefits-schedule)

Reception must be notified of eligibility for the scheme prior to any appointment, preferably at the time of making the appointment. There are formalities that must be followed prior to the appointment. If you have an existing appointment and have since been advised of eligibility by Medicare please ensure you call and advise our reception staff ahead of your appointment to prevent incurring a private fee.

### ORAL CARE FOR BABIES

Dr. Mindy Cameron and our Practice Manager, Hope both became mothers last year. Their little ones are growing up fast and both of them now have their first teeth. In this newsletter we thought they could both share their experiences on how they care for their babies oral health and products that they find helpful in doing so.

It is very important to maintain the

health of primary teeth (also known as baby teeth and milk teeth) because:

1. They are important for proper eating and chewing.
2. They provide space for the permanent / adult teeth and guide them into the correct position.
3. They permit the normal development of the jaw bone and tissues.
4. They affect the development of speech.

### Dr. Mindy Cameron and Ari

You can start cleaning and caring for your baby's gums well before the first tooth appears. A couple of times a day, just wipe his / her gums gently using a clean, damp face-washer or gauze. Alternatively, you can use purpose-made baby dental wipes, e.g. Brush Baby Dental Wipes.

As soon as teeth arrive, you can clean them twice a day (in the morning and before bed). Wrap a clean, damp face washer or gauze around a finger and wipe the front and back of each tooth.

If your baby doesn't mind, you can introduce a small, soft toothbrush designed for children under two years.

Some great products we tried are the toothbrushes from the Brush-baby and Pigeon brands.

Unless otherwise advised by your dentist, use only water on the toothbrush until your baby is 18 months Children younger than 18 months frequently swallow toothpaste. Once your child is 18 months old, you can use a pea-sized smear of low-fluoride toothpaste on the toothbrush.



Baby Brush Dental Wipes



Pigeon Baby Training Brush



Ari with his Pigeon Training Brush

### Hope and Hannah

We tried to start Hannah with her oral hygiene routine as early as possible and we started by using dental wipes before she got teeth. It paid off, as well as having good oral hygiene, when we say 'its time to brush your teeth' she will open up her mouth.

When my husband and I brush Hannah's teeth we use a Pigeon Baby Brush, but Hannah herself uses a Brush-Baby Soft Chewable Toothbrush and Teether. She walks around the house chewing on it constantly, providing dual benefit.

We are well aware that oral hygiene **and** diet play a major role in fighting tooth decay.



Brush-Baby Soft Chewable Toothbrush & Teether



Hannah with her Brush-Baby Chewable Toothbrush