

Rosebud Dental Group

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Newsletter



Accredited
Dental Practice

QUARTER 1 : 2015

Welcome to our first newsletter for 2015.

PRE-SCHOOL VISITS

Mindy and Ella recently did some presentations at Dromana Pre-School.

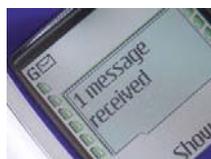


They talked to the children about good and bad foods for teeth, how to brush properly, and all about the tooth fairy with help from a Peppa Pig book. Mindy and Ella found the sessions a lot of fun and feedback from the Pre-School was that the kids had a lot of fun, especially when they got to play with our 'teethy' characters such as Farley Flossisaurus and Lil' Magi Dragon.



SMS REMINDERS

Rosebud Dental Group has implemented SMS reminders. All patients who have registered a mobile number with us are set up for SMS reminders, however if you would still prefer a phone call please let the reception staff know.



To confirm your appointment all you

need to do is simply reply to the text message with **YES**.

RITCHIES COMMUNITY BENEFIT CARDS

By shopping at any Ritchies Supermarket or Liquor store you can help M'Lop Tapang the organisation where Dr. McLean volunteers in Cambodia. 0.5% of the money you spend will be donated to M'Lop Tapang. We have these cards available in our waiting room. You can help for free just by buying your groceries.

BOTTLED WATER AND TOOTH DECAY

The Australian Dental Association posted an interesting article about fluoride.

"Fluoride is a natural mineral that strengthens tooth enamel and protects against decay.

In Australia, all capital cities have optimal amounts of fluoride added to tap water. Some areas of the country have naturally occurring fluoride in the water, and in those places extra fluoride is not added. It is important to note that bottled water usually does not contain enough fluoride to offer protection against decay. Some home filters also remove fluoride from tap water.



If you live in an area that doesn't have any fluoride in the water, especially where only rainwater or tank water is available, then it is important to speak to your dentist about other fluoride options to maintain the health of your teeth. Your dentist may recommend other fluoride products or they may

apply topical fluoride to your teeth, which has been proven to help prevent tooth decay."

You can read more of this article at:
www.dentalhealthweek.com.au/Parents/Kids/fluoride.html

DENTAL HUMOUR

